

## SPORT GUIDELINES FOR ACSIS FIXTURES

### Nexus Medical Insurance Cover

Our school medical insurance covers learners for up to \$20,000 at a Singapore Government/Restructured Hospital. Treatment at Private Hospitals or upgraded wards is only part covered by our insurance. Therefore, it is school policy to ensure that injured learners are taken to the nearest Government/Restructured Hospital should the worst happen. These are:

- **Singapore General Hospital**  
 Address: Outram Rd, Singapore 169608  
 Closest Schools:
- **Alexandra Hospital**  
 Address: 378 Alexandra Road, 159964  
 Closest Schools: Avondale Grammar School (AGS), Global Indian International School
- **KK Women's & Children's Hospital**  
 Address: 100 Bukit Timah Road, 229899  
 Closest School: Chatsworth International School (Orchard), International School of Singapore (ISS), St Joseph's Institution International School (SJI)
- **National University Hospital**  
 Address: 5 Lower Kent Ridge Road, 119074  
 Closest School: ACS (Independent), Dover Court International School, International Community School (ICS), Nexus International School (Singapore) (NISS), Tanglin Trust School, UWCE-Dover, Waseda Shibuya Senior High School
- **Tan Tock Seng Hospital**  
 Address: 11 Jalan Tan Tock Seng, 308433  
 Closest School: Australian International School (AIS), Hillside World Academy(HWA), Stamford American International School
- **Changi General Hospital**  
 Address: 2 Simei Street 3, 529889  
 Closest School: Canadian International School (Tanjong Katong), Chatsworth International School (East), National Public School Singapore (NPS), One World International School, Overseas Family School, UWCE-East
- **Khoo Teck Puat Hospital**  
 Address: 90 Yishun Central, 768828  
 Closest School: GEMS World Academy, Singapore American School (SAS)
- **Ng Teng Fong Hospital**  
 Address: 1 Jurong East Street 21, 609606  
 Closest School: Canadian International School (Lakeside), Dulwich College (Singapore), German European School (GESS), Hollandse School Singapore, Swiss School Singapore, Yuvabharathi International School

Upon the occurrence of a serious injury you should deal with the situation at hand and call an ambulance if appropriate. **SCDF ambulances (call 995) will automatically take patients to a Government/Restructured Hospital.** If the parent is present or in telephone contact and they wish the child to go to a Private hospital then you will need to (if possible) look at the website of the particular hospital to find the number of their private ambulance service.

*Upon arrival at hospital (including Government/Restructured hospitals) the parents should be made aware that any upgrade (e.g. a single room or a higher grade of treatment) will almost certainly be covered only on a prorated basis under the terms of our policy which may typically mean 65% of the total based on past experiences.*

### **Nexus Haze Guidelines**

Nexus International School (Singapore) currently uses the National Environment Agency (NEA website) to monitor Haze conditions. Decisions concerning issues such as school closure will come from Student Services. All lines of communication will be utilised for emergency communications. The source of the PSI readings is [www.haze.gov.sg](http://www.haze.gov.sg). The 3-hr PSI is calculated based on PM 2.5. The Principal's Secretary will monitor the PSI readings based on environmental data provided by NEA (see details below) and will email all staff if readings are outside of the 0-100 category.

The principal's secretary will monitor the PSI readings based on environmental data provided by NEA (see details below) and will email all staff if reading are outside of the 0-100 category.

3hr PSI	Learners		Employees	
	Healthy	(With existing heart or respiratory illness)	Healthy	Susceptible (With existing heart or respiratory illness, elderly or pregnant women)
0-100	Monitor closely.  Any student experiencing discomfort can request to stay indoors	Monitor closely.  Any student experiencing discomfort can request to stay indoors		
>100	Any student experiencing discomfort can request to stay indoors	Reduce outdoor activities to a minimum.  Send home to see a doctor if experiencing symptoms such as itchy, running nose and cough.		Limit outdoor work, doing only necessary work.  Advised to see doctor if experiencing symptoms such as itchy, running nose and cough.
>150	No outdoor physical activities. Recreation time and HPE are conducted indoors	No outdoor physical activities. Recreation time and HPE are conducted indoors.  Send home to see a doctor if experiencing symptoms such as itchy, running nose and cough.	Limit outdoor work, doing only necessary work.  Advised to see doctor if experiencing symptoms such as itchy, running nose and cough.	Use N95 masks if working outdoors. Deploy to work indoors if experiencing breathing difficulty from wearing N95 masks while working outdoors. However, susceptible employees should not use the N95 masks for more than a short duration each time. Moreover, those with severe lung or heart problems who have difficulty breathing should not wear N95 masks, and should consult a doctor.
>200	Stay indoors.  Monitor closely.  No physical activities.	Advised to stay home.	Use N95 masks for outdoor works.  Avoid strenuous outdoor activity.	Work indoors.  No strenuous activity.
>300	Remain indoors.  No physical activities.  School closure for next day likely depending on trend data  (Announcement around 6pm and inform parents/staff via all communication channels) School closure for next day is based on consideration of either of the following: • MOE announcement to close local schools • the PSI readings (>300).  Announcement by HoS and/or Principal through all available channels.  Closure applies to both students and susceptible staff.  School will remain open for next day if no school closure announcement around 6pm of the day but the haze level unexpectedly exceeds 300 (3hr PSI) the following morning. In this case, parents may choose whether or not to send their children to school.  On the other hand, school will remain closed for next day if school closure has already announced around 6pm of the day but the haze level unexpectedly improves and falls below 300 (3hr PSI) the following morning.	Advised to stay home	Remain indoors (except those engaged in emergency services need to wear N95 masks).  No strenuous activity.	Remain indoors (except those engaged in emergency services need to wear N95 masks).  No strenuous activity
	improves and falls below 300 (3hr PSI) the following morning.	improves and falls below 300 (3hr PSI) the following morning.		School closure for next day likely depending on trend data  (Announcement around 6pm and inform parents/staff via all communication channels) School closure for next day is based on consideration of either of the following: • MOE announcement to close local schools • the PSI readings (>300).  Announcement by HoS and/or Principal through all available channels.  Closure applies to both students and susceptible staff.  School will remain open for next day if no school closure announcement around 6pm of the day but the haze level unexpectedly exceeds 300 (3hr PSI) the following morning.  On the other hand, school will remain closed for next day if school closure has already announced around 6pm of the day but the haze level unexpectedly improves and falls below 300 (3hr PSI) the following morning
>400	Parents notified and asked to collect their children  School closed next day. Students must not attend school.	Parents notified and asked to collect their children  School closed next day. Students must not attend school.	Staff sent home except for senior managers to provide child care.  School closed next day. Staff must not attend school, unless required for emergencies	Staff sent home  School closed next day. Staff must not attend school.

## ACSIS Haze Policy

Haze Management:

1. PSI of 100 and above - all ACSIS outdoor competitive sports cancelled.
2. PSI of 200 and above - all ACSIS competitive sports cancelled, including indoor air con facilities.
3. ACSIS will use the 3hr PSI reading NEA website (<http://www.nea.gov.sg>).
4. Cut-off time of 1:30 p.m. to notify school of verbal decision.
5. One-off events and weekend tournaments: Decision will be made at 3 hours before the event will commence.  
\* One-off events will be left to the discretion of the convenor/host with enough time to communicate with the community.

## Nexus Sport Weather Guidelines

We are aware that each school has a different weather policy. Our school follows the following:

### Home Fixtures

- During home fixtures, if the weather is inclement, coach/manager to regularly refer to the Lightning@SG application. If there are no signs of lightning icons within a 6km radius of Nexus, we are good to continue our event.
- Any visible lightning would result in stopping the meet for 20min minimum AND ensure that there are no signs of lightning icons within a 6km radius of Nexus.

### Away Fixtures

- During away fixtures, the same policy applies, unless the host school has a stricter weather policy.

## Important Contact Numbers

Nexus International School (Singapore): 6536 6566

Mr. Peter Hart - Head of Secondary School: 9856 6429

Mr. Paul Beach - Head of Primary School: 9628 3795

Mr. Bevan Moriarty - Director of Sport: 9101 1564

BT & Tan Bus Company: 6483 7260